

## Meet Our Providers

### Family Medicine Clinic



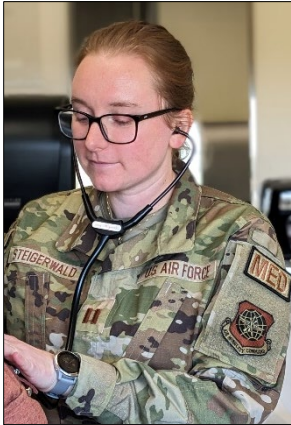
**Maj. Jacob Thomas**

Dr. Thomas is a board certified family physician, by the American Board of Family Physicians. After earning his Doctor of Osteopathy degree from Des Moines University in 2017, he went on to complete a La Grange Family Medicine Residency in 2020. Dr. Thomas previously practiced in the Active Duty and Beneficiary clinics at Fairchild Air Force Base. He is currently assigned as a staff family physician and a Primary Care Manager in the Family Health Clinic at the 436th Medical Group.



**Capt. Amy R. Carswell**

Capt. Carswell is a board-certified family nurse practitioner, by the American Nurses Credentialing Center. She received her Doctor of Nursing Practice degree in 2024 from the Medical University of South Carolina, through the Health Professions Scholarship Program. She has a background in emergency nursing, urgent care, and pain management. She currently serves as a staff nurse practitioner and a Primary Care Manager in the Family Health Clinic at the 436th Medical Group.



**Capt. Amy Steigerwald**

Capt. Steigerwald is a board-certified physician assistant, by the National Commission on Certification of Physician Assistants and graduated from Emory University in 2021. Before becoming a physician assistant, she served as an emergency medical technician on an ambulance for seven years. She currently serves as a staff physician assistant and a Primary Care Manager in the Family Health Clinic at the 436th Medical Group.



**1st Lt. Nam Tran Nguyen**

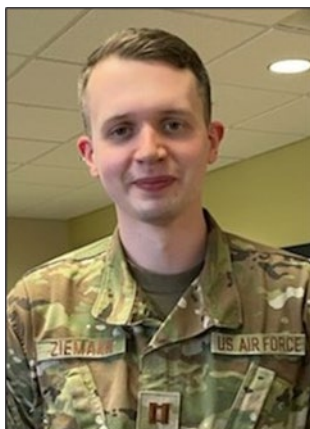
First Lt. Tran Nguyen is a board-certified physician assistant, by the National Commission on Certification of Physician Assistants. He graduated from Drexel University in 2021. He practiced for two years in a civilian urgent care setting before his direct commission into the Air Force in March 2024. He currently serves as a staff physician assistant and a Primary Care Manager in the Family Health Clinic at the 436th Medical Group.

## Flight Medicine Clinic



**Lt. Col. Robert Gray**

Dr. Gray is a board-certified family medicine physician, by the American Board of Family Medicine. He graduated from the Uniformed Services University of the Health Sciences in 2014, earning his Doctor of Medicine degree. He then went on to complete his family medicine residency at Eglin AFB in 2017. Dr. Gray has advanced privileges in physician acupuncture after completing specialized training in 2013 through the USAF Acupuncture and Integrative Medicine Center. He is currently assigned as the Chief of Aerospace Medicine and is appointed as a staff flight surgeon at the 436th Medical Group.



**Capt. Alec J. Ziemann**

Dr. Ziemann is a General Medical Officer Flight Surgeon who graduated from Western University of Health Sciences in 2021, earning his Doctor of Osteopathy degree. He completed his postgraduate training at Stony Brook University, Southampton Hospital, in Southampton, New York. Originally from the greater Seattle area, he graduated from Gonzaga University in Spokane, Washington. He is assigned as a staff flight surgeon and the Primary Care Manager in the Flight Medicine Clinic at the 436th Medical Group.

## Base Operational Medicine Clinic



**Capt. Gabrielle Brow**

Dr. Brow is a General Medical Officer Flight Surgeon who graduated from A.T. Still University, Arizona, in 2022, earning her Doctor of Osteopathy degree. She is currently assigned as a staff flight surgeon in the Base Operational Medicine Clinic at the 436th Medical Group.



**Maj. Diedre Cooperwood**

Maj. Cooperwood is a board-certified physician assistant, by the National Commission on Certification of Physician Assistants. She graduated from Chatham University in 2014, earning her Master of Physician Assistant Studies degree. She currently serves as a staff aerospace physician assistant in the Base Operational Medicine Clinic at the 436th Medical Group.

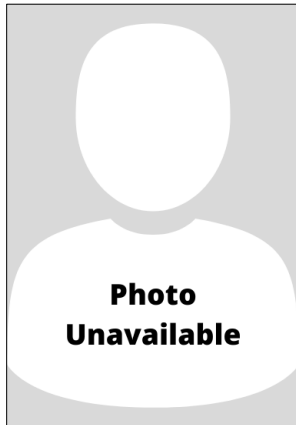
## Optometry Clinic



**Lt. Col. Patrick Shorter**

Dr. Shorter graduated from the University of North Florida with a Bachelor of Science in biology in 2000. He attended the Southern College of Optometry, earning his Doctor of Optometry degree in 2004 and is a Fellow of the American Academy of Optometry. After a successful period as the owner of his own eye care clinic in Jonesborough, Tenn., Lt. Col. Shorter joined the Air Force as a direct accession in 2010. He completed a three-year doctoral program in vision science at The Ohio State University and has authored seven research articles in peer-reviewed publications, reporting his scientific work performed across multiple competitive assignments and through his affiliation with the Air Force Research Laboratory. He currently serves as the sole staff optometrist assigned to the 436th Medical Group and the Chief of the Biomedical Sciences Corps.

## Pediatrics Clinic



**Lt. Col. Ashley N. Adams**

Dr. Adams is a board-certified pediatrician with the American Board of pediatrics. She was commissioned through the Uniformed Services University of the Health Sciences, graduating with her Doctor of Medicine degree in 2011. She then completed residency training in pediatric medicine in 2014 at the San Antonio Uniformed Services Education Consortium. She currently serves as the Medical Services Flight Commander (Immunizations, Women's Health, and Pediatrics). She is assigned as a staff pediatrician and Primary Care Manager in the Pediatrics Clinic at the 436th Medical Group.



**Lt. Col. Nghia Nguyen**

Dr. Nguyen is a board-certified pediatrician, by the American Board of Pediatrics. He graduated from New Jersey Medical School, earning his Doctor of Medicine degree in 1993. He then went on to complete his pediatric residency in 1996 at Georgetown Medical Center in Washington, D.C. He currently serves as a staff pediatrician and Primary Care Manager in the Pediatrics Clinic at the 436th Medical Group.



**Lt. Col. Christopher O. Segura**

Dr. Segura is a board-certified pediatrician by the American Board of Pediatrics, who graduated from Uniformed Services University of the Health Sciences with his Doctor of Medicine degree in 2006. He then completed his residency in pediatrics at the National Capitol Consortium in 2009. He currently serves as the Chief of the Medical Staff at the 436th Medical Group and enjoys seeing patients in the pediatric clinic when covering for the staff pediatricians.



## Physical Therapy Clinic



**Maj. Sean Piccolo**

Maj. Piccolo is a Doctor of Physical Therapy and is a board-certified clinical specialist in orthopaedic physical therapy. He graduated with a Bachelor of Science in health sciences from Lock Haven University in 2017 and received his Doctor of Physical Therapy degree from Widener University in 2019. He currently serves as the Human Performance Flight Commander and a staff physical therapist at the 436th Medical Group.



**Jonathan Willey**

Jonathan Willey is a board-certified clinical specialist in orthopaedic physical therapy who graduated from the University of Delaware's esteemed physical therapy program in 2020. Before joining the 436th Medical Group, he served as a clinic director at Harford County, Maryland's, top-ranked physical therapy practice, where he championed evidenced-based practice and served as the subject matter expert on billing and scheduling strategy. In addition to his Doctor of Physical Therapy degree, Willey holds a master's degree in anatomy and clinical health science from the University of Delaware, and a Master of Business Administration and Bachelor of Science in exercise science from Frostburg State and Towson University, respectively. Before his career in health care, Willey served six years as an enlisted sailor, half of which he spent forward-deployed in the Pacific Fleet as the SME on F-18 aviation life support equipment in Carrier Air Wing Five. In addition to his Navy service, Willey spent four years as an Army contractor in the signals intelligence and electronic warfare communities, 18 continuous months of which was spent in Afghanistan during Operation Resolute Support. He currently serves as a staff physical therapist at the 436th Medical Group.



**Maj. Vanessa Scheirer**

Maj. Scheirer is a board-certified physical therapist and orthopaedic clinical specialist, by the American Board of Physical Therapy Specialties. She graduated from the Army-Baylor University Doctor of Physical Therapy program at Joint Base San Antonio - Fort Sam Houston, Texas, in 2016. She currently serves as the Director of Integrated Medical Programs and Operational Support Team Physical Therapist at the 436th Medical Group.

## Warfighter Clinic



**Capt. Benjamin Meis**

Dr. Meis is a board-certified family medicine physician who graduated from Virginia College of Osteopathic Medicine – Auburn in 2019 and completed his residency at University of Tennessee St. Francis in 2022. He currently serves as the Warfighter Flight Commander and is assigned as a staff family physician and Primary Care Manager in the active duty clinic at the 436th Medical Group.





**Maj. Rachel M. Reeder**

Dr. Reeder is a board-certified family medicine physician who graduated from Georgetown University School of Medicine in 2016 and completed her residency at the Fort Belvoir Community Hospital in 2019. She currently serves as the Medical Director and is assigned as a staff family physician and Primary Care Manager in the active duty clinic at the 436th Medical Group.



**Capt. Karen Leal**

Capt. Leal is a board-certified physician assistant, by the National Commission on Certification of Physician Assistants, who graduated from the University of Nebraska College of Medicine in 2020, earning her Master of Physician Assistant Studies degree. She currently serves as a staff physician assistant and a Primary Care Manager in the active duty clinic at the 436th Medical Group.

## Women's Health Clinic



**Lt. Col. Kathleen M. Drum**

Lt. Col. Drum is a certified women's health care nurse practitioner, by the National Certification Corporation. She earned her Bachelor of Science in Nursing degree in 2004 from the University of Maryland, and her Doctor of Nursing Practice degree from Arizona State University in 2016. She currently serves as a staff nurse practitioner assigned to the Women's Health Clinic at the 436th Medical Group.